Ephemerides

Neue. 1615. 2465

A new Almanacke and Prognostication, with the forraigne Computation, seruing for the yeare of our Lord and Sauiour Iesus Christ. 1615.

Being the third yeare after the Bissextile, or leape-yeare.

Rectified for the Elevation of the Pole Articke and Meridian of the famous Towne of Great Yarmouth in Norfolke: and may serue generally for the most part of Great Brittaine.

Practised, penned, and published by Ieffery Neue, Practicioner in Phisicke, and student in the Mathematickes.

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The Contents of this double Kalender, for the yere of our Lord God 1615. which is the third yeare after the Bissextile or Leape yeare, according to the accompt and Computation of the Church of England.

The Prime or Golden number	1
The Circle of the Sunne is	28
The Epact is	11
The Dominicall letter	A
The Romane Indiction is	13
The space betweene Christmas & Shroue sunday, is 8 weeks	
Shroue sunday	Febru. 19
Easter day	Aprill 9
Ascention day	May 18
Whitsunday	May 28
Aduent sunday	Decemb. 3
Betweene Trinitie and Aduent are sundaies	25
Betweene Easter and Ascension is 5. weeks 3. daies.	
Betweene Whitsunday & Midsummer, are 3. weeks 5. dais	
Betweene Midsom. and Bartholomew, is 8. weeks, 4. daies	
Betweene Bartho: and All Saints, is 9. weeks, & 5. daies.	

The Forraine Computation.

The Prime or Golden number	1
The Circle of the Sunne	28
The Epact	1
The Dominicall Letter	D
The Roman Indiction	13
Shroue sunday	March 1
Easter day	Aprill 19
Ascention day	May 28
Whitsunday	June 7
Aduent sunday	Nouemb. 29
The space betweene Christmas and Shroue sunday are nine weekes and three daies.	

FRom the Creation of the world vntill this present yeare of our Lord God 1615. is	5585
From the Creation vntill the flood	1656
From the flood to Christ	2306
From the flood to Christ	1514
Since the promised seed of Abraham	3561
Since the Israelites departed out of Egypt	3131
Since the destruction of Troy	2798
Since Brute entred this Iland	2722
Since the building of the Temple by Salomon	2651
Since the building of the Citty of Rome	2366
Since Nebuchadnezar the King	2363
Since Alexander the great dyed	1939
Since Julius Cesar slaine with Dookins	1664
Since the happy birth of our Saviour Christ	1615
Since Jerusalem was destroyed by Titus Vespa.	1542
Since England receaued the Christian faith	1435
Since the Danes entered England	597
Since the Conquest of England	548
Since the Science of Printing was inuented	155
Since K. Henrie the 8. woone Bulloigne	71
Since Kets rebellion at Norwich	66
Since the infectious sweating sickenesse	58
Since S. Pauls Steeple in London fired by lightn.	54
Since the great plague at Newhauen	52
Since the Earles rebellion in the North	46
Since the blazing starre and frosty winter	43
Since the fiery apparition in the heauens	41
Since the deepe Snow	36
Since the generall Earth-quake in England	33
Since the Campe at Tilbury in Essex	27
Since the earthquake in England	1
Our Kings Maiesties raigne, whome the King of heauen grant long and prosperously to raigne ouer vs, Amen.	1

The Anatomie of Mans body, as the parts thereof are gouerned by the 12. Celestiall Signes.

Taurus **Necke and throat.**

Aries **Head and face.**

Gemini **Armes and shoulders.**

Cancer **Brest, stomacke and ribs.**

Leo **Heart and backe.**

Virgo **bowels and belly.**

Libra **Reines and loines.**

Scorpio **Secret members.**

Sagitarius **Thighs.**

Capricornus **Knees.**

Pisces **The feet.**

Aquarius **Legges.**

Aries, head and face; Taurus, the necke and throate; Gem. the armes and shoulders; Cancer, the brest and stomacke; Leo, heart and backe; Virgo, guts and belly; Libra, raines & buttocks; Scorpio, secret and members; Sagitarius, the thighes; Capricornus, the knees; Aquar. the legs; Pisces, the feete.

Now if your bodie in health will keepe,
warme meats for it is very meete
Flie phisicke, sloath, and venery,
auoyde all baths most carefully.

1	A	New yeā day	Gem.	13	11	D	
2	b	Oct. of Step.	gemi.	25	12	e	
3	c	Oct. of John	Canc.	7	13	f	● Full mone the 4. day 12. min. after 11. of the clocke at night
4	d	Oct. of Inno	canc.	19	14	g	
5	e	Edward dep.	Leo.	0	15	a	
6	f	Twelfe day.	leo.	12	16	b	
7	g	Wed. come in	leo	25	17	c	
8	A	i. sun. aft Epi.	Virg.	7	18	D	
9	b	Jovecus	virg.	20	19	e	☽ Last quarter the 12. day 44. min. after 2. of the clocke in the after noone.
10	c	Sol in Aqua.	Liby.	3	20	f	
11	d	Linus bish	liby.	16	21	g	
12	e	Archadius	Scor.	0	22	a	
13	f	Hillary bishop	scor.	14	23	b	
14	g	Felix priest	scor.	29	24	c	
15	A	ii. sun. aft. Ep	Sagi.	13	25	D	Conne. [illegible]
16	b	Marcellus.	sagi.	28	26	e	
17	c	Anthonius de	Capi.	13	27	f	● New mone the 19 day 45. min. after 5. in the morning.
18	d	Prisca virgin	capi.	28	28	g	
19	e	Wolfan bish	Aqua.	12	29	a	
20	f	Fab. & Seba.	aqua.	26	30	b	
21	g	Agnes vir.	Pisc.	10	31	c	
22	A	iii. sun. af. Ep.	pisces	24	1	D	Febru. 1615 Purificatio.
23	b	Vincent virgin	Arie.	7	2	e	
24	c	Timothy.	aries.	20	3	f	
25	d	Conu. Paul.	Taur.	3	4	g	☽ First quarter the 26. day 43. min. after 1. of the clocke after noone.
26	e	Policarpe	taur.	15	5	a	
27	f	Julian	taur.	27	6	b	
28	g	Valerian	Gem.	10	7	c	
29	A	iiii sun. af. Ep	gem.	22	8	D	
30	b	Batilde Que.	Canc.	4	9	e	
31	c	Victor & Sat	canc.	15	10	f	

This Moneth as yet no phisicke vse,
For feare that you your selfe abuse:
Bleed not, nor bathe, be rulde by me,
Except vpon necessitie.

1	d	Vziget Fal	canc. 27	11	g	
2	e	Purifi of M	leo. 9	12	a	○ Full Moon
3	f	Blase bishop	leo. 22	13	b	the 3. day 38.
4	g	Gilbert bish	Virg. 5	14	c	minutes after
5	A	5. sun. aft. Epi	virg. 18	15	D	4. of the clocke
6	b	Dorothie vir	Libr. 1	16	e	after noone.
7	c	Angule bish	libr. 14	17	f	
8	d	Paul bish	libr. 28	18	g	☽ Last quar-
9	e	Sol in pisces	Scor. 12	19	a	ter the 10. day
10	f	Apollon	scor. 26	20	b	22. min. after
11	g	Scholast. vir.	Sag. 10	21	c	11. of the clock
12	A	Sexagesi.	sagi. 25	22	D	at night.
13	b	Terme ends.	Capr. 8	23	e	
14	c	Valentine.	capr. 23	24	f	Matthias Ap.
15	d	Faustin	Aqua. 7	25	g	● New Moon
16	e	Julian virg.	aqua. 21	26	a	the 17. day 31
17	f	Solicron bish	Pisc. 5	27	b	min. after 5 of ỳ
18	g	Simeon	pisc. 19	28	c	clocke at night.
19	A	Chronicums.	Aries. 2	1	D	March 1615.
20	b	Wilfred vir	aries. 15	2	e	
21	c	69. Parties	aries. 28	3	f	
22	d	Ided. goe out.	Taur. 10	4	g	☾ First quarter
23	e	Policarp.	taur. 23	5	a	the 25. day 42
24	f	Mathias Ap	Gemi. 4	6	b	minutes after 9
25	g	Innent. of Pa	gemi. 16	7	c	of ỳ clocke in
26	A	1. sun. in Lent	gemi. 28	8	D	the forenoone.
27	b	Augustine bi	Canc. 10	9	e	
28	c	Oswald bish	canc. 22	10	f	

Now March begins the ſpringing time,
the Sun hath got the equall line:
Vſe phiſickes Art, and all thy skill,
to helpe diſeaſes that be ill.

1	d	Ember weeke	Leo.	5	11	g	
2	e	Chadds biſh	leo	17	12	a	
3	f	Marcice	Vir.	0	13	b	● Full moon
4	g	Adrian mar.	vir.	13	14	c	the 3 day 18.
5	a	2. ſun. in Lent	vir.	27	15	d	min. after 7. of
6	b	Victor & Vic.	Libr.	11	16	e	the clock in the
7	c	Perpetua.	libr.	25	17	f	morning.
8	d	Felix mart.	Scor.	9	18	g	
9	e	40. Martirs	ſcor.	23	19	a	☽ Laſt quar-
10	f	Agape virg	Sagi.	7	20	b	ter the 12.
11	g	Sol in Arie.	ſagi.	22	21	c	day about 6. of
12	a	Gregorie	Capr.	5	22	d	the clock in the
13	b	Theodore	capr.	20	23	e	morning.
14	c	Candine mar.	Aqua.	4	24	f	
15	d	Longine mar.	aqua.	18	25	g	Anun. Mary
16	e	Ciriacke	Piſces	1	26	a	● New
17	f	Gertrude virg	piſces	15	27	b	moone the 19
18	g	Edward King	piſces	28	28	c	day 25. min.
19	a	4. ſun. in Lent	Aries	11	29	d	after 6. of the
20	b	Cuthert	aries	24	30	e	clocke in the
21	c	Benedictus	Taur.	6	31	f	morning.
22	d	Afrodoſe	taur.	18	1	g	Aprill 1615.
23	e	Theodore pri.	Gemi.	0	2	a	●
24	f	Init. Reg. la.	gemi.	12	3	b	
25	g	Anun. Mary	gemi.	24	4	c	
26	a	5. ſun. in Lent	Canc.	6	5	d	☾ Firſt quar-
27	b	Martian	canc.	18	6	e	ter the 27. day
28	c	Dorothy virg	Leo.	0	7	f	43. mi after 5
29	d	Quintine.	Leo	13	8	g	of ☽ clocke in
30	e	Quirine mar.	Leo	25	9	a	the morning.
31	f	Adelme biſh	Virg.	8	10	b	

This Aprill with his ſtormie ſhewers,
doth make the earth yeeld pleaſant flowers:
Purge well therefore for it is good,
to helpe thy bodie and cleanſe thy blood.

1	f	Gildard	virgo. 22	11	c		
2	g	Palme ſund.	Libra. 5	12	d	Palme ſunda.	
3	a	Richard biſh	libr. 19	13	e		
4	b	Ambroſe biſh	Scor. 3	14	f	○ Full moon	
5	c	Martian	ſcor. 17	15	g	the 3. day a-	
6	d	Sextus biſh	Sagi. 1	16	a	bout 7. of the	
7	e	Egiſippus	ſagi. 16	17	b	clock at night.	
8	f	Perpetuus	Capr. 0	18	c		
9	g	Eaſter day.	capr. 15	19	d	Eaſter day.	
10	a	Solin Taur	capr. 29	20	e		
11	b	Julian biſh	Aqua. 14	21	f	☽ Laſt quar-	
12	c	Oſwald arch.	aqua. 28	22	g	ter the 10. day	
13	d	Zenone	Piſce. 11	23	a	52. min. after	
14	e	Olike.	piſces. 24	24	b	11. of the clocke	
15	f	Leonard	Aries. 7	25	c	before noone.	
16	g	Iſidore mar.	aries. 20	26	d	● New moon	
17	a	Med. come in	Taur. 2	27	e	the 17. day	
18	b	Valerian	taur. 15	28	f	17. minutes	
19	c	Alphage biſh	taur. 27	29	g	after 8. of the	
20	d	Victor biſh	Gemi. 9	30	a	clock at night.	
21	e	Simeon biſh	gemi. 21	1	b	May. 1615.	
22	f	Gother vir	Cane. 2	2	c		
23	g	S. George	cane. 14	3	d		
24	a	Milfride biſh	can. 27	4	e	☾ Firſt quar-	
25	b	Marke Euā.	Leo. 9	5	f	ter the 25.	
26	c	Termes begin	leo. 21	6	g	day 57. mi-	
27	d	Anaſtat. biſh	Virg. 4	7	a	nuts after 10.	
28	e	Vitalis biſh	virg. 17	8	b	of the clock at	
29	f	Peter of mil.	virg. 0	9	c	night.	
30	g	Erkenwald	Libr 14	10	d		

Now gallant May in his array,
doth make the fields pleasant and gay:
Walke early now for thy healths sake,
and still thou mayst some physicke take.

1	b	Philip & Jacob	Libr.	27	11	t	
2	c	Athana. bish	Scor.	12	12	f	● Full
3	d	Inuenct. crosse	scor.	26	13	g	moone the 3.
4	e	Florian.	Sagi.	11	14	a	day 18. min.
5	f	Goddard	sagi.	26	15	b	after 4. in the
6	g	John port lat	Capr.	10	16	c	morning.
7	a	John Beuer	capr.	25	17	d	
8	b	Ap. S. Mich	Aqua.	10	18	e	☽ Last quar-
9	c	Theophilus	aqua.	24	19	f	ter the 9. day
10	d	Gordian	Pisces	8	20	g	44. min. after
11	e	Sol in Gemi.	pisces	21	21	a	6. at night.
12	f	Achelly.	Aries.	4	22	b	
13	g	Boniface.	aries.	17	23	c	● New
14	a	Rogation sun.	Tau.	0	24	d	moone the 17
15	b	Wed go out.	Taur	12	25	e	day about 11
16	c	Violetzid.	taur.	24	26	f	of the clocke
17	d	Trans. Mar.	Gemi.	6	27	g	before noone.
18	e	Ascention day	gemi.	17	28	a	Ascention day
19	f	Hellen Quee	Canc.	29	29	b	
20	g	Bernardine	canc.	11	30	c	
21	a	Julian virg	canc.	23	31	d	
22	b	Terme ends	Leo.	5	1	e	June. 1615
23	c	Trans. of Fr.	leo.	17	2	f	☽ First quar-
24	d	Adelme bish.	Leo.	29	3	g	ter the 25.
25	e	Augst. of en.	virg.	12	4	a	day about 2.
26	f	Bede priest	virg.	25	5	b	of the clocke
27	g	German bish.	Libra	8	6	c	after noone.
28	a	Whitsunday.	libra	22	7	d	Whitsunday.
29	b	Cosm. mar	Scor.	6	8	e	
30	c	Felix bish	scor.	20	9	f	
31	d	Ember weeke	Sagi.	5	10	g	

This Moneth of Iune vse clarified whay,
boyled with cold hearbs drinke alway:
From violent exercise now abstaine,
except thou wilt in trouble remaine.

1	e	Nichomede	Sagi. 14	11	a	●	Full
2	f	Marcellus.	Cap. 4	12	b		Moone the 1
3	g	Erasmus	cap. 19	13	c		day about
4	a	Trinity sund	Aqua. 4	14	d		high noone.
5	b	Med. come in.	aqua. 19	15	e	☽	Last quar-
6	c	Molston tran.	Pisces 3	16	f		ter the 8. day
7	d	Meson arch.	pisce. 17	17	g		27. min. aft. 3
8	e	Corpus Christ	Aries. 1	18	a		in ỳ morning
9	f	Terme begin	aries. 14	19	b	●	New
10	g	Iuan Conf.	aries. 27	20	c		Moon the 16
11	a	Sol in Cancer	Taur. 9	21	d		day 14. min.
12	b	Basilius con.	taur. 21	22	e		after 2. in the
13	c	Anthony con.	Gemi. 3	23	f		morning.
14	d	Trans. Rich.	gemi. 15	24	g		Iohn Baptist
15	e	Vite & Mod.	gemi. 27	25	a	☾	First quar-
16	f	Transl of Rich	Cane. 9	26	b		ter ỳ 24. day
17	g	Botolph con.	cane. 20	27	c		39. mi. after 1
18	a	2. sun. aft. Tri	Leo. 2	28	d		in ỳ morning.
19	b	Nat. K. Iames.	leo. 14	29	e		Peter & Paul
20	c	Trans. Edw.	leo. 26	30	f		
21	d	Malburge vir	Virgo 8	1	g		July 1615.
22	e	Alban mart.	virgo 21	2	a		
23	f	Etheldred.	Libr. 3	3	b		
24	g	S. Iohn Bap.	libr. 16	4	c		
25	a	3. sun. aft. Tri	Scor. 6	5	d		
26	b	Iohn & Paul.	scor. 14	6	e	●	Full
27	c	Crescent mar	scor. 28	7	f		Moone ỳ last
28	d	Terme ends.	Sagi. 13	8	g		day 7. minuts
29	e	S. Peter Ap.	sagi. 28	9	a		after 7. of the
30	f	Com. of Paul	Cap. 13	10	b		clock at night.

Now in Iuly Dogge daies begin,
the Riuers are best to bathe in:
To take hote drinkes be not to bold,
but vse hearbs which be moyst and cold.

1	g	Oct. Joh Ba.	Capr.	28	11	☌	
2	A	Visit. of Ma.	Aqua.	13	12	☍	
3	b	Thomas tran.	aqua.	28	13	c	☽ Last quar-
4	c	Transl. of Mar	Pisc.	12	14	f	ter the 7. day
5	d	Zac virgin.	pisces.	26	15	g	53. minutes
6	e	Oct. of Peter	Aries.	9	16	a	after 2. of the
7	f	Martialis	aries.	23	17	b	clocke after
8	g	Chilian.	Taur.	5	18	c	noone.
9	A	5. sun. aft. Tri	taur.	18	19	☍	● New
10	b	7. Brethren.	Gem	0	20	e	Moone the
11	c	Transl. Berna	gemi.	12	21	f	15. day 33.
12	d	Nabor & Feli	gemi.	24	22	g	minuts after
13	e	Sol in Leo.	Cancer	6	23	a	5. of the clock
14	f	Christopher	canc.	18	24	b	after noone.
15	g	Transl. Swith	canc.	29	25	c	James Apost
16	A	6 sun. aft. Tri	Leo.	11	26	☍	
17	b	Kenelme king	leo.	23	27	e	
18	c	Arnolph bish	Virg.	5	28	f	☾ First quar-
19	d	Dog dayes be	virg.	17	29	g	ter 23. day
20	e	Prinatius	Libra.	29	30	a	12. min. after
21	f	Praxedis virg.	libra.	12	31	b	high noone.
22	g	Mary Magd.	libra.	26	1	c	August 1615
23	A	7. sun. aft. Tri	Scor.	9	2	☍	
24	b	Christo. Fast	scor.	23	3	e	● Full
25	c	S. James Ap.	Sagit.	7	4	f	Moon the 30
26	d	Anne mo. Mar	sagit.	22	5	g	day 34. min.
27	e	7. Sleepers.	Capr.	7	6	a	after 2. of the
28	f	Felix & bishe	capr.	22	7	b	clocke in the
29	g	Sampson bish	Aqua.	7	8	c	morning.
30	A	8. sun. aft. Tri	aqua.	22	9	☍	
31	b	Germane bish	Pisc.	6	10	e	

This moneth of Auguſt take good heede,
for now will many furfelts breede:
Let little ſleepe thee now contein:
if that diſeaſes thou wilt preuent.

1	c	Lammas day	piſces.	10	11	f	
2	d	Steuen biſh	Aries.	4	12	g	☽ Laſt quar.
3	e	Inuen of Ste	aries.	17	13	a	ter the 6. day
4	f	Juſtine p̃ieſt	Taur	1	14	b	13. min. after
5	g	Gowries co.	taur.	13	15	c	5. of the clock
6	A	9. ſun. aft. Tr	taur.	26	16	d	in the mor.
7	b	Ciriac & his	Gemi.	8	17	e	ning.
8	c	Roman mar	gemi.	21	18	f	● New
9	d	Tiburt mar	Cane.	3	19	g	moone the 14
10	e	S. Laurence	cañ.	15	20	a	day 24. mi.
11	f	Roman biſh	cant.	26	21	b	nutes after 8.
12	g	Clare virg	Leo.	8	22	c	of the clock in
13	A	Sol in. virgo.	leo.	20	23	d	the morning.
14	b	Euſebius.	Virg.	2	24	e	Sol. Apo.
15	c	Aſum, of Ma.	vir.	14	25	f	
16	d	Roch. mar	virgo.	27	26	g	☾ Firſt quar.
17	e	Octa. Laur.	Libra.	9	27	a	ter the 21. day
18	f	Agapi. mar	libr.	22	28	b	halfe an houre
19	g	Magnus mar	Scorp.	5	29	c	after 7. of the
20	A	11. ſun. af. T	ſcor.	19	30	d	clock at night.
21	b	Bernard	Sagi.	3	31	e	
22	c	Timoth.	ſagi.	17	1	f	Septem. 1615
23	d	Zacha. Fait	Capr.	2	2	g	
24	e	Barthol. Ap.	capr.	16	3	a	
25	f	Lewes king	Aqua.	1	4	b	○ Full moon
26	g	Dog daye en.	aqua.	16	5	c	the 28. day
27	A	12. ſun. af. Te	Piſces	0	6	d	8. minutes
28	b	Auguſt biſh.	piſc.	14	7	e	after 11. of ꝑ
29	c	Decol. Johñ	piſc.	28	8	f	clocke in the
30	d	Felix & Aug.	Aries.	12	9	g	ſame noone.
31	e	Cuthbert virg	aries.	25	10	a	

Now mayst thou phisicke safely take,
and bleed and bath for thy healths sake:
Eate Figs, and Grapes, and Spicerie,
for to refresh thy members drie.

1	f	Gyles Abbat.	Taur	8	11	b	☾ Last quar-
2	g	Anthony mar	taur.	21	12	c	ter the 4. day
3	a	13. sun. af. T	Gemi	4	13	d	13. min. af-
4	b	Trans. of ☾.	gemi.	16	14	e	ter 10. of the
5	c	Hercules	gemi	28	15	f	clock at night.
6	d	Eugenius	Canc.	10	16	g	● New
7	e	Nat. Qu. Eliz	canc	23	17	a	moone the 12
8	f	Nat. of Mar.	Leo	5	18	b	day 35 min.
9	g	Gorgon mar.	leo	17	19	c	after 10 of the
10	a	14 sun. af. T	leo	29	20	d	clock at night
11	b	Martian.	Vir.	11	21	e	Mathew Ap
12	c	Mauritius	vir.	24	22	f	
13	d	Sol in Libra	Libr.	6	23	g	☽ First quar-
14	e	Exal. of ☥ cro	libr.	19	24	a	ter the 20. day
15	f	Dcta. of mary	Scor.	2	25	b	28. min. after
16	g	Euphemia	scor.	16	26	c	1. of the clock
17	a	15 sun. af T.	scor.	29	27	d	in the morn-
18	b	Victor & Cor	Sagi.	14	28	e	ning.
19	c	Jann. mar.	sagi.	28	29	f	Michael Arc.
20	d	Ember wicke	Capr.	12	30	g	
21	e	Mathew Ap.	capr.	27	1	a	Octob. 1615
22	f	Mauritius.	Aqua	11	2	b	
23	g	Tecla virg	aqua	26	3	c	
24	a	16. sun. af. T.	Pisc.	10	4	d	
25	b	Firmin. mar.	pisces	24	5	e	● Full
26	c	Cypr. & Just.	Aries	7	6	f	moone the 26
27	d	Colm. & ver.	aries	21	7	g	day 54. min.
28	e	Exupere.	Taur.	4	8	a	after 9. of the
29	f	Michael Arc.	taur.	16	9	b	clock at night
30	g	Hierom p[illegible]	taur.	29	10	c	

This Moneth hote drinkes and meats be good,
to keepe thy health and nourish thy blood:
Prouide warme clothes and goe die,
thou shalt escape much danger thereby.

1	A	17.sun.af.T.	Gemi.11	11	D	
2	b	Leodgar	gemi. 24	12	e	
3	c	Candide mar.	Canc. 6	13	f	☽ Last quarter the 4. day 7. minu. after 5. of the clock at night.
4	d	Francis Con.	canc. 18	14	g	
5	e	Apolinar bish.	canc. 0	15	a	
6	f	Faith virgin.	Leo. 12	16	b	
7	g	Marc. & Ma.	leo. 25	17	c	
8	A	18.sun.af. Tr	Virg. 7	18	D	
9	b	Term begins	vir. 20	19	e	● New moone the 12. day 42. min. after 11. of the clocke in the forenoone.
10	c	Gracian & v.	Libr. 2	20	f	
11	d	Nicha. bish	libr. 15	21	g	
12	e	Wilfride b ir.	libra. 28	22	a	
13	f	Iohn Scorpi.	Scor. 12	23	b	
14	g	Calixt bishop.	scor. 26	24	c	
15	A	19.sun.af.Tr	Sagi. 10	25	D	
16	b	Witha.of mo.	sagi 24	26	e	☾ First quarter 19. day Simon & Iud 35. min. after 7. of the clocke in the morning Nouem. 1615
17	c	Transl. Ethel.	Capr. 9	27	f	
18	d	Luke Euan.	capr. 23	28	g	
19	e	Frideswide	Aqua. 8	29	a	
20	f	Austrebert.	aqua. 22	30	b	
21	g	11. M. virg.	Pisc. 6	31	c	
22	A	20.sun af. T	pisces. 20	1	D	
23	b	Vigilie.	Aries. 4	2	e	
24	c	Transl. John	aries. 17	3	f	
25	d	Crisp & Crisp	Taur. 0	4	g	● Full moone the 26 day halfe an houre after 11 of the clock in the forenoone.
26	e	Evergat	taur. 13	5	a	
27	f	Florence fast	taur. 25	6	b	
28	g	Simon & Ju.	Gem. 7	7	c	
29	A	21.sun.af.T.	gem. 19	8	D	
30	b	German bish.	Can. 2	9	e	
31	c	Quintin fast	can. 14	10	f	

Now mayst thou drinke sweet wines freely,
and vse good mirth and company:
Abstaine from wrath and all enuie,
and vse thy brethren charitably.

1	D	All Saints	cant. 26	11	g	
2	e	All soules	Leo. 7	12	a	☽ Last quar-
3	f	Winefride.	leo. 19	13	b	ter the 3. day
4	g	Amantius	Virgo. 2	14	c	about 1. of the
5	A	Bonner trā	virgo. 14	15	D	clocke after
6	b	Leonard.	virgo. 28	16	e	noone.
7	c	Willefride bish.	Lib. 10	17	f	
8	d	4 Crowned.	lib. 23	18	g	● New
9	e	Theodozema.	Scor. 7	19	a	moone the 10
10	f	Bennet	scor. 21	20	b	day 42. min.
11	g	Martin Bish.	Sagi. 6	21	c	after 11. of
12	A	Sol in Sagit.	sagi. 20	22	D	the clocke at
13	b	Brice.	Capr. 5	23	e	night.
14	c	Trans. Erkin	capr. 20	24	f	
15	d	Wacute bish	Aqua. 5	25	g	☾ First quar-
16	e	S. Hugh	aqua. 19	26	a	ter the 17 day
17	f	Octa Mar.	Pisces. 3	27	b	21. min. after
18	g	Elizabeth	pisces. 17	28	c	3. of the clock
19	A	24. sun. af. T.	Aries. 1	29	D	after noone.
20	b	Edmund king	aries. 14	30	e	Andrew Apo
21	c	Pres. Mari	aries 27	1	f	Decem. 1615
22	d	Cicely virg	Taur. 10	2	g	
23	e	Clement bish.	taur. 22	3	a	
24	f	Grisogo. mar.	Gemi. 4	4	b	
25	g	Katherine vir.	gemi. 17	5	c	● Full
26	A	25. sun. af. Tr.	gemi. 29	6	D	moone the 25
27	b	Agricola.	Canc. 10	7	e	day about 4.
28	c	Termeends	cant. 22	8	f	of the clocke in
29	d	Saturn. fast	Leo 4	9	g	the morning.
30	e	Andrew Apo.	leo 16	10	a	

This moneth as I doe now remember,
the twentie fiue of this December :
Our Sauiour Christ was borne that day,
that we might Praise his name alway.

1	f	Elegis bish	Leo.	28	11	b	
2	g	Med. go out.	Virgo.	10	12	c	☽ Last quar.
3	a	Aduentus.	virg.	22	13	D	ter the 3. day
4	b	Barbara vir	Lib.	5	14	e	26. minutes
5	c	Sabba Abbo.	lib.	18	15	f	after 8. of the
6	d	Nicholas bish	Scor.	2	16	g	clocke in the
7	e	Oct of Andr.	scor.	15	17	a	morning.
8	f	Conc. of mary	scor.	29	18	b	
9	g	Cyprian Abb.	Sagi	14	19	c	● New
10	a	2. sun. in Ad.	sagi	28	20	D	moone the 10.
11	b	Dama. con.	Capr.	13	21	e	day 53. min.
12	c	Solin Capric.	Aqua.	28	22	f	after 10. be-
13	d	Lucie virgin	Aqua	13	23	g	fore noone.
14	e	Othely vir.	aqua.	28	24	a	
15	f	Valeria bish	Pisce	12	25	b	Christmas or
16	g	O sapientia.	pisces	26	26	c	Stephan mar.
17	a	3. sun. in Ad.	Aries	10	27	D	John Euang
18	b	Gratian bish	aries	24	28	e	Innocents.
19	c	Nemesia vir.	Taur.	7	29	f	☾ First quar.
20	d	Ember weeke	taur.	19	30	g	ter the 17. day
21	e	✠ Tho. Apo.	Gem.	2	31	a	56. minuts af-
22	f	xxx. Martyrs.	gemi.	14	1	b	ter 1. in the
23	g	Victor vir.	gemi.	26	2	c	morning.
24	a	4. sun. in Ad.	Canc.	7	3	D	
25	b	Christmas da	canc.	19	4	e	
26	c	S. Stephen.	Leo	1	5	f	● Full
27	d	S. John.	leo	12	6	g	moone the 24.
28	e	Innocents.	leo	24	7	a	day 41. min.
29	f	Tho. Becket.	Vir.	6	8	b	after 10. of the
30	g	Danie.	virg.	18	9	c	clocke at night.
31	a	Siluester bi	libra	1	10	D	

Neue. 1615.

A Prognostication seruing for the yeare of our Lord God and Saui- our Iesus Christ.

1615.

¶ Wherin you may behold and obserue, the grounds of the alteration and condition of the foure quarters of this yeare, and also the estate and disposition of the ayre, for each seuerall moneth, according to the inclination of the Celestiall bodyes, with the change of the Moone, and other necessary obseruations, conuenient in such a worke to be noted.

Calculated, and especially referred to the longitude and Elevation of the Pole Article, of the famous towne of great Yarmouth, in Norfolke, and may serue indifferently for all England.

By Iossery Neue, Practitioner in Phisick and Chirurgery.

A neceſſary rule to know the beginning and ending of euery Tearme, with their Returnes.

¶ Hillarie Terme beginneth the 23. daie of January, and endeth the 12. of Februarie, & hath foure returnes.

Octabis Hillarij. } { Craſtino Purifica.
Quind. Hillarij. } { Octabis Purifica.

¶ Easter Terme beginneth 17. daies after Easter, and endeth the Munday next after Ascention day. And hath fiue Returnes, that is to say.

Quind. paſchæ. } Menſe paſchæ. { Quinque paſchæ.
Tres paſchæ. } { Craſti Ascention.

¶ Trinitie Terme beginneth the Friday next after Trinity Sunday, and endeth the Wednesday fortnight after. And hath foure Returnes, that is to say.

Craſti Trinitatis. } { Quind. trinitatis.
Octabis Trinitatis. } { Tres trinitatis.

¶ Michaelmas Terme beginneth the 9. day of October, and endeth the 28. of November. And hath 8. Returnes, that is to say.

{ Octabis Michael. } { Craſt. Animarum. }
{ Quind. Michael. } { Craſt. Martinij. }
{ Tres Michael. } { Octabis Martinij. }
{ Menſe Michael. } { Quind. Martinij. }

¶ Note also that the Exchequer openeth eight daies before any Tearme beginne, except Trinity Tearme, it. which it openeth foure daies before.

¶ On these dayes following, the Judges sit not at Westminster.

In { Hillary / Easter / Trinity / Michaelmas. } Terme, on { Candelmas / Ascension / Midsomer. / Alholland } day

Certaine profitable Rules and briefe obſeruations, concerning Husbandrie.

THe beſt time to ſow all kinde of Corne, is when the moone goeth her courſe in Cancer.

The beſt time to plant and Graft, when the moone is in a fixed ſigne, eſpecially in Taurus, Aquarius, or in the increaſe of the moone, which is betweene the change and the full.

To ſet or ſow all kind of ſeeds, the moone being well ſeated in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Piſces.

Fell Timber to build withall, when the moone is towardes the laſt quarter, ſhee being then in Aquarius, or Piſces.

Crop trees and fell wood to burne, that the ſtocks may the better and ſooner grow again, when the moon is in the firſt quarter.

Remoove and ſet young trees in the laſt quarter of the Moone, in Taurus or Capricornus, and that in the moneths of September, October, November, and February.

The beſt time to geld Cattell, the moon being in Aries, Sagitarius, or Capricornus.

The beſt time to cut Vines, is in February, or March, the moone increaſing, in Taurus, Virgo, or Libra.

The beſt time to ſheare ſheep, is in the increaſing of the moone, and that is from the change to the full.

To cut haire, that it may the ſooner grow againe, the moone increaſing, in Taurus Virgo, or Libra.

To muckе your land, that the weedes may not growe thereby, is in the decreaſing of the Moone, that is, from the full to the change.

Briefe Rules and necessary Obseruations, concerning Bleeding, Bathing, Purging, and Sweating, according to the motions of the Moone.

When the weather is eyther extremely hot or cold, it is not then conuenient, eyther to let blood or to purge vnlesse some great necessity do require it: yet notwithstanding if this blood letting be for the Phrenide, the Apoplexie, for a continuall headach, proceeding of Choller or blood, or for any hot burning Feuer, or other extreme paine, Man in such a case may not carry a chosen time, because the patient might miscarry in the meane season. But in this foresaid case of extremity, blood is not to be let in such quantity as otherwise it would, if a chosen time might conueniently be expected.

The best time to let the Phlegmaticke bloud, is when the Moone is in Aries, or Sagittarius, the head and thighes excepted.

For the Melancholly, the Moone being in Libra, or Aquarius, the buttocks and legs excepted.

For the Cholericke, the Moone being in Cancer, Scorpio, or Pisces, the breast and feete excepted.

For the Sanguine, al be good which before is named. In the spring time let blood at the right side. In harnest time let blood at the left side.

For Bathing.

Bathings are commonly vsed rather for pleasure then for profite, especially where hot houses are ouermuch haunted: but I minde not to speake of them in this place, otherwise then to aduertise those that tender their owne health, to be wary and circumspect in resorting vnto them, without iust cause, and immediately,

ately after, or with such persons as be vncleane: Know that it is not good to bath, when the Moone is in the earthly signes, as in Taurus, Virgo, or Capricornus. The reason is, because they are of a cold and dry nature, and the nature of cold is to restraine and binde: And so the Moone being in these signes, the pores of the bodye are closed and shut, so that there can be no resolution of humors and superfluities, which by bathing ought to be auoyded.

But in fiery signes, as when the Moone is in Aries, Leo, and Sagittarius, then it is a good time for bathing, for then the body is apt to resolution, for it is the nature of heat to open and resolue.

It is best bathing two or three dayes after the change and at the full of the Moone, for then the superfluities are ripe and ready to auoyde, and disposed to flow and issue out: which indeed is the very ende and vse of bathing. If any will enter into the Bath, only for cleannesse sake, let the Moone be in Libra or Pisces.

Further, if bathing be vsed for health, let the party greeued, learne of the wise Physition, whether his sicknesse hath need of moystening or drying: for if it do require moystning, as in Pthisis & such like, then let him bath in watery signes, hauing good aspects of Jupiter and Venus. But if the sicknesse require drying as in Paralisis and the like, then let him bath, the Moone being in fiery signes, hauing good aspects of Mars and the Sunne.

Also before you enter into any bath, your body must be purged, for if a man go in vnprepared and vnpurged, peraduenture he may be worse after then before.

The best time of the yeare to bath in is the spring and haruest, and in them the moneths of May and September. The best time of the day to goe into the bath, is an houre after the Sun rising at the least, alwayes prouided that thou must walke eyther an houre or halfe an houre before, and haue a stoole eyther by nature, or by arte. Ye must couer your head well so long as ye be in the Bath and beware you drinke no cold drinke though ye be very thirsty, but forbeare all things that are colde,

least when ye are hot within, the cold strike suddenly into some principall member, and so hurt you.

The time of tarrying in the bath, is commonly one houre, but it may be more or lesse, according to the nature of the bath, or sickenesse of the party, at the discretion of the wise Physition.

For Purging.

In purging these 5. things ought to be knone

1. The humor which aboundeth.
2. The best way to auoid it.
3. The strength of the person.
4. The manner of the sickenesse.
5. The forme and nature of the medicine.

For when these things are not considered and obserued, many perilous accidents may follow, and greatly grieue and hurt the body.

Good signes for purging generally, are cancer, scorpio, and pisces.

Particularly, as with potions or drinkes, in scorpio.

Purge with electuaries, the Moone being in Cancer.

Purge with pils, the Moone being in Pisces.

Take preparatiues, the moone in Gemini, Libra, or Aquarius.

Take vomits, the moone in Aries, Taurus, or Capricorne.

Take gargarises, the moone in Aries, Cancer, or Capricorne.

Take glisters, the moone in Libra, or Scorpio.

To prouoke neesings, the moone in Cancer, Leo, or Libra.

To stoppe fluxes, rhumes, and laxes, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue attractiue, the moone in Aries, Leo, or Sagittarius.

Good to comfort the vertue digestiue, the moone in Gemini, Libra, or Aquarius.

Good to comfort the vertue retentiue, the moone in Taurus, Virgo, or Capricorne.

Good

Good to comfort the vertue expulsiue, the moone in Cancer, Scorpio, or Pisces.

For vsing of vnguents or plaisters, it is best applyed when the moone is in that signe which gouerneth the same member or part of the body, to which it is applyable.

For Sweatings.

Sweatings, as they are of two sorts, that is to say, naturall and artificiall: so they are vsed for two ends and purposes. The naturall sweat, if good heed be taken in opening the pores, will dissolue grosse and thick humors, will cleanse the bloud, will comfort the spirits, will put away cold, will consume rawe humors, qualifie and quench raging feuers, will helpe numnesse and the dropsie. The artificiall sweat will cleanse scabs, put away the itch, amend dulnesse in hearing, ease the stone, resolue congealed and cold melancholy bloud and humors, &c. But for the better performing and effectuall working in these cases, the counsell of the learned Phisition is to be desired and vsed.

The best and meetest signes to sweat in are Leo, Aries, and Sagittarius, and that two or three dayes after the change, and at the full of the moone. And note that sweatings, it is better to bee done at the euening then in the morning: for when the body hath nourishment within, the spirits shal not vtterly be drawne forth to the extreme parts. Note further, that leane and dry folkes or feeble persons, must sweat little, for it will hurt them much: but fat folkes may sweat well, and it will helpe them much.

¶ A Description of the foure quarters of this yeare of our Lord God. 1615.

Of Winter.

Winter (which is the chiefe capitall foe for the spring, the disgrace of Summer, and the deepe deuourer of

the fruitfull harueſt) began to take his effects (according to our vſuall computation) the 11. of December, in the yeare aforegoing, at the firſt entring of the Sunne into the firſt minute of the ſigne Capricorne, at which time the Sunne ſhall bee at his greateſt ſouth declination from the equinoctiall line, ſo that he riſeth ſouth-eaſt, and ſetteth ſouth-weſt. Now is the hiemal or winter ſolſtice, for the Sunne is ſo farre remoued from our Zenith or verticall point, that he cannot decline no further, and ſtandeth at a ſtop and ſtay, and then is the ſhorteſt day & longeſt night in the yeare: and ſo this winter quarter doth continue vnto the 11. of March next inſuing.

Touching the inclination and diſpoſition of the weather, this quarter as I gather, will not much varry from the quality of the Winter ſeaſon, being ſubiect to boiſterous windes, and cold ſtormes, noyſome and hurtfull to men and cattell, &c.

This ſeaſon is by nature cold and moiſt, vnpleaſant for the moſt part to trauellers, either by land or ſea, and vnto aged perſons it is very cumberous and noyſome, cauſing ſuperfluity of rawneſſe, and abundance of colde moiſtneſſe to ouerflow their bodyes, to their great trouble and diſquietneſſe, &c.

The diſeaſes or ſickneſſes of this ſeaſon are like to be wandring feuers, many diſtemperatures, ſoreneſs, and ſtopping of the breaſt, coughes, poſes, hoarſeneſſe, catarres, pain in the teeth, eares, and throat, ſtopping in the lungs and pipes palſies, crampes, numneſſe of the members, rheumes, &c. The Lord of his infinite mercy turne all euils from vs. Amen.

Of the Spring.

The Sun (which is the eye of the world, the fountaine of light, and the chiefe moderater of all the reſt of the lights) hath like a Gyant run his race, and finiſhed his reuolution (Gradatim) throughout the 12. ſignes, and now beginneth his iourney afreſh againe, & goeth an euen courſe, and ſo becomes an indifferent arbiter betweene the day and the night, and maketh an equality throughout his whole gouernment, to the great

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ioy and comfort of al his reuiued subiects, chearing with his splendant countenance, the poore afflicted weather-worne weeds of this our darke star of mortality (which the darkened countenance of the winters extremity, had almost subdued) with his most excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing livery of fresh Flora, whose liberall proceedings is not likely to be much hindered with any great distemperature, but continue not greatly disagreeing from the naturall quality and condition of the time, to the ioy and comfort of all sorts of budding, blooming, & sprouting things. This season is naturally hot & moist, the most temperate time in al the yeare, and the least breeder of sicknesse, that doth procure death and a conuenient time for the removing of sicknesses and griefes gotten before, and also to auoid & preuent those that are to come, for now the dul senses and spirits of men and other creatures are quickened and reuiued & therefore the humors which doe abound and are readiest to repletion nature, are fit to be emptied and auoided, whether by blood-letting, purging, or otherwise, as the learned Physition shall aduise, and as the cause of the disease shall require: Such therefore as are diseased, let them not neglect this time The sicknesses inuading mans body this quarter, are supposed to be paines in the head, putride and doubtful feuers, ach in the ioynts, scabs, itch, byles tetters, paine in the breast and heart, morphewes, frenzies, iaundies, swellings, obstructions in the liuer, &c.

Of Summer.

SUmmer the third part of our vulgar yeare, according to our vsuall computation, beginneth now when the Sunne hath fully determined the spring time, with the last Grade of Gemini, and hath mounted in his motion to the highest point of his course: namely, to the first degree of Cancer, which will be this yeare the eleauenth of June, being Sunday and S. Barnabes day. Now is the second Solstice of the yeare, called the Estiuall or Summer Solstice: for euen as the Sunne when he entred into Capricorne, hath his greatest South declinati-

on

on from the equinoctiall line: So now at his ingresse into the beginning of Cancer, he hath his greatest declination towards the North, from the said equinoctiall line. And euen then as at the time of the winter Solstice, he was so farre remoued from our verticall point, that he could moue no further towards the South, and was therefore to approch againe towards our North latitude, at which time he seemeth to stand: so now being come so neere our Zenith that he cānot moue no further towards the North, and is therefore to reuert againe towards the South latitude, at his first going from vs, he seemeth also to stand: Insomuch, that euen as before at his returne towards vs he made with vs the shortest day and longest night in the yeare: So now at his returne from vs, he maketh contrariwise the longest day and shortest night in the yeare: and afterwards declineth daily more and more frō vs, like as before he moued more & more toward vs.

This season according to his proper nature, is hot and dry, turning the humors of mens bodies from coldnes & moisture, into hotnesse and drinesse, resembling the Element of fire, & complexion of choller bringing al fruits to their ripenes, cattel to their fatnes, & men to their wealth.

Touching the inclination of the weather, I gather that it will be subiect to many stormes & vnconstant for the season. The infirmities are likely to be many hot burning feuers, chollerick & impostumes, diuers inflamatiōs, immoderate sweates, fluxes of bloud, with many other diseases which the Lord of his mercy turn frō his elect.

Of the last quarter, called Autumne.

AUtumne (according to our accustomed computation) the last quarter of this yeare, beginneth at the Sunnes departure from the last scruple of Virgo, into the first degree of the second equinoctiall signe libra, which will be this yeare on the 13. of September, being wendsday, the day and night being of an equal length as in the spring: At which time is the autumnall equinoctiall, for euen as at the suns entrance into Aries, the day by increasing from the winter solstice, till then came to be equall with the night, going on still more and more till

the

the ſummer ſolſtice, when was the longeſt day & ſhorteſt night. So now the night by increaſing from the eſtiuall ſolſtice to this the ſunns ingreedience into Libra, hath got to be equall with the day, and ſhall increaſe more & more till the Brumall Solſtice come againe, when the night is longeſt, & the day ſhorteſt. And this time of the yeare is of it ſelfe vnconſtant and variable, warme in the day time & cold in the night. As concerning the particular inclination of this quarter, I thinke it will be vnconſtant & variable, inclined to many vnexpected blaſts & ſtormy moiſture, troubleſome for trauellers, either by land or ſea. The griefes & infirmities aſſaulting and afflicting mans body ſhould ſeeme to be quartaine feuers, oppilations in the liuer & ſpleene, black iaundies, hemeroides, dropſies, conſumptions, difficult of breathing, falling ſickneſs, ach and lamenеſſe in bones and ioynts, and many other diſeaſes, which proceed of melancholly, &c.

¶ *A declaration of the inclination and diſpoſition* of the weather and winds, according to the diuers motions and influences, of the Erraticall & fixed ſtars: with the day, houre, and minute of the change of the Moone, her full, & quarters: and alſo of the riſing and ſetting of the Sun, in euery ſeauenth day of euery month of this yeare of our Lord God. 1615.

¶ Of Ianuary.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 8 and 3 minuts	howre 3 and 57 minuts.
7	howre 7 and 56 minuts	howre 4 and 4 minuts.
14	houre 7 and 46 minuts	howr 4 and 14 minuts.
21	houre 7 and 34 minuts	houre 4 and 26 minuts.
28	houre 7 and 23 minuts	houre 4 and 37 minuts.

Full moone the 4. day, 12 minuts after 11. of the clock at night, inclined to moiſture.

Laſt quarter the 12. day, 44. minuts after two of the clocke in the afternoone ſomwhat winterly weather.

New moone the 19. day, 45. minuts after 5. of the clocke in the morning, froſty and cold.

Firſt quarter the 26. day. 41. minuts after one of the clocke in the afternoone, ouercaſting clouds. Ianua-

Ianuaries Abstract.

In this Month of January let not bloud, neither bie but little Physicke, except necessity constraine thee, and beware of taking cold, for in this month, Rheumes and Fiegme do much increase, to fast long is hurtfull, but to drinke white-wine fasting is good and wholesome, vse meates and drinks that are naturally hot, moderately, and weare warm cloathes.

In worldly business this month you may set all kind of common fruit-trees, as Pears Plums, Cherries, Filberds, wainuts, and such like, Haw-thornes, and all sorts of quicke-sets, trees, or Plants, are fittest to be set, generally from the change to the first quarter.

Take away the Mosse and superfluous branches from your trees, & this month it is good to set Beanes, peale, Parsneps, Radish, Lekes, Garlike, Turneps, and Onions, if the weather be milde, and the moone past her ful. You may begin to Graffe at the ende of this month, so as the moone be increasing in her light.

Good husbands also this month, crop their Trees, fell timber, and geld their Cattell, such as must be gelded, the state of the moone alwaies considered.

¶ Of February.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7 and 13 min.	houre 4 and 47 min.
7	hour 7 and 4 min.	houre 4 and 56 min.
14	hou. 6 and 50 min.	houre 5 and 10 min.
21	hou. 6 and 34 min.	houre 5 and 26 min.
28	hou. 6 and 22 min.	houre 5 and 38 min.

Full moone the 3. day, 38. minuts, after foure of the clock at night, cloudy and vnconstant..

Last quarter the 10. day, 22. minuts after 11. of the cloche at night, inclined to moysture.

New moone the 17. day, 13. minuts after 5. of the clock at night, seme shewers.

First quarter the 25. day, 42 minutes after nine of the cloche in the fore noone, fitting the season.

Februaries

Februaries Abstract.

In this moneth of February, all slimy Fish, Milke, or Rice, and such like, that doe oppilate or stop the Liuer and Veines, or thicken the blood, are to be eschewed as enemies to health: also yet forbeare Phisicke and letting of blood, except great necessity do constraine it, and learned counsell do aduise it. Beware of taking cold, for now are Agues apt to be taken, and it is very il to take heats, and afterwards sodaine cold vpon them.

In this month, is the most aptest time to graft, to plant, and to set all kind of trees and bushes, the winde & weather, and age of the moone afore-hand considered. Pease, Beanes, Hastings, Onions, Parsneps, and such like, as in January, may very fitly bee set in the wane of the Moone. The time is now to trim vp Gardens, to set and sow all kindes of Kitchen hearbs, to set slips, and to sow Kernels, to sow Mustardseed and Oates, to set hops and Vines, and to cut and pruine them, and to sticke vp your counciuall Pease and Hastings.

¶ Of March.

Day	The Sun riseth.	The Sun setteth.
1	hou. 6 and 20 min.	houre 5 and 40 min.
7	hou. 6 and 8 minut	houre 5 and 52 min.
14	hou. 5 and 54. min.	houre 5 and 6 min.
21	hour 5 and 40 min.	houre 6 and 20 min.
28	hour 5 and 26 min.	hour 6 and 24. min.

Full moone the 5. day, 18. minuts after 7. of the clocke in the morning, cloudy and windy.

Last quarter the 12. day, about 6. of the clocke in the morning, windy and vnconstant.

New moone the 19. day, 25. minutes after sixe of the clocke in the morning, somewhat distemperate.

First quarter the 27. day, 43. minutes after 5. of clocke in the morning, some fall of moysture.

Marches Abstract.

In this Moneth of March, the humours of

mans

mans body begin to increase: and nowe grosse feeding breedeth grosse blood and grosse humors: and therefore vse meats of good digestion, & such as bread good iuyce. It is a good time to purge and clarifie the blood, by Potions, Bathings, and Blood-letting, or such other waies, as the learned Phisition shal appoint, and as the cause of the disease shal require. Now also sweet meats and drinkes are commendable.

The time of grafting as yet indureth together, with setting, sowing, proining, and plashing of Vines, Hoppes, willowes, Oates, sickle-peale, Onions, and Parsneps, and such like, &c.

¶ Of Aprill.

Day	The Sunriseth.	The Sun setteth.
1	hou. 5 and 18 min.	houre 6 and 42 min.
7	hour 5 and 6 min.	houre 6 and 54 min.
14	hou. 5 and 54 min.	houre 7 and 6 min.
21	hou. 4 and 39 min.	houre 7 and 21 min.
28	hou. 4 and 29 min.	hour 7 and 31. min

Full moone the 3. day, about 7. of the cloche at night, inclined to some showers.

Last quarter the 10. day, 52. minutes after 11. of the cloche in the fore noone, apt for the time.

New Moone the 17. day, 17. minutes after 8. of the cloche at night, ouer-casting clouds.

First quarter the 25. day, 57. minutes after tenne, of the cloch at night, temperate and good weather.

Aprils Abstract.

In this Month of Aprill, the pores of men are opened, and are apt to receiue Phisicke: and they that nowe refuse the same, I commit them

to

to the benifite of Nature, for of all times of the yeare, this is the best time to preuent causes of sicknesses, or for spedy remedie in extreamities: for now nature her selfe doth renew strength through all the body. So where sicknesse happeneth, shee soone vnburdeneth by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly be done, therefore take time whilst time is, &c.

As yet you may graft and prune Vines, also set Melons, Cowcumbers, Citrons, Artichokes, and pole vp Hops, sow Barley, Tanners apply themselues to Watring of trees, &c.

¶ Of May.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 23 min.	hour 7 and 37 min.
7	hou. 4 and 15 min.	hour 7 and 45 min.
14	hou. 4 and 5 min.	hour 7 and 55 min.
21	hou. 3 and 56 min.	houre 8 and 4 min.
28	hou. 3 and 50. min.	hour 8 and 10 min.

Full moone the 3. day, 18. minutes after 4. of the cloke in the morning, subiect to some fall of moysture.

Last quarter the 9. day, 44. minuts after 6. of the clock at night, sitting the time.

New moone the 17. day, about 11. of the cloche in the forenoone, some shewers.

First quarter the 25. day, about two of the cloche in the after noone, windy and faire.

Mayes Abstract.

In this month of May rise early, for May doth not loue any sluggards. And let such as be in health and able, walke into the fields, and to eate and drinke a little betimes

bettines is wholesome: abstain from al meats as be of a hot nature. And for such as be sick, it is a very good time to be let blood, or to take Phisicke. Such as bee whole, God keepe them in health: and such as bee sicke, God send them good Phisitians and Phisicke.

The time sitting now to sow Basill, Marierome, & such fine seedes, as before might not bee sowne, because of the coldnesse of the weather. Set Sage according to the proverb, set Sage in May, and it will last alway. Sow flax and Hemp, set Hartichokes, weede your Hops and Gardens, see to your Grafts, that no superfluous branches trouble them: May dew Rosemary flowers, and Beane flowers, may at your pleasure be distilled this moneth, and now also haue a care of watching your Bees.

¶ Of Iune.

Day	The sunne riseth.	The sunne setteth.
1	howre 3. and 49. min.	howre 8 and 11 minuts.
7	howre 3. and 46. min.	howre 8 and 14 minuts.
14	howre 3. and 47. min.	howre 8 and 13 minuts.
21	howre 3. and 49. min.	howre 8 and 11 minuts.
28	howre 3. and 52. min.	howre 8 and 8 minuts.

Full moone the 1. day, about high-noone, very faire and pleasant weather.

Last quarter the 8. day, 27 minutes after 3. of the clocke in the morning, ouercasting clouds.

New moone the 16. day, 14. minutes after two of the clocke in the morning, inclined to raine.

First quarter the 24. day, 39. minuts after two of the clocke in the morning, windy and vnconstant.

Full moone the 30. day, 7. minuts after 7. of the clocke at night, cloudy and vnconstant.

Iunes Abstract.

In this Moneth of June, if thou must needes vse Phisicke, take it early in the Morning, that it may haue wrought before the heate of the day: and vse a light or thinne diet, for the stomacke

macke is not now so able to digest as in winter, or some other of the former Monthes. It is very good and conuenient for some to drinke clarified Whay, boyled with cold Hearbes, and to abstaine from violent exercises.

Distilling of Roses, making Syrrops and conserues are now in the prime. Now gather such hearbs as you meane to keepe all the yeare, but be sure you dry them in y shade. Good Husbands and housewiues, are now weeding of the Corne & Gardens, others shearing their sheep. The times serues to set Rosemary and Gillowflowers. Take heede now of cutting of either hedge, tree, or herbs with knife, but rather gather them with your fingers. Now may you set Saffron, carry out compost, make Hay, rid Gardens of Snailes, Ants, or Pismires. &c.

¶ Of Iuly.

Day	The Sun riseth.	The Sun setteth.
1	hou. 3 and 54 min.	houre 8 and 6 min.
7	hou. 3 and 59 min.	houre 8 and 1 min.
14	hou. 4 and 7 minut	houre 7 and 53 min.
21	hour 4 and 20 min.	houre 7 and 40 min.
28	hour 4 and 30 min.	houre 7 and 30 min.

Last quarter the 7. day, 53. minuts after 2. of the clock in the after-noone, sowtry hot.

New moone the 15 day, 33. minuts after 5, of the clock in the afternoon, some shewers of raine.

First quarter the 23 day, 12. minutes after 9 of the clock noone, ouercasting clouds for moysture.

Full moone the 30 day, 34 minuts after 2. of the cloche in the morning, faire and pleasant weather.

Iulies Abstract.

In this month of July, vse cold hearbs, and cold meats, sustain no great thirst, for feare of breeding of Agues and Pestilence, abstaine from Phisicke and extreame exercises. And now the Riuers are more wholesome then the

Baths. Let the Sunne be vp before you walke abroade, and take heed of filthy gutters, and stinking lanes. In the time of any plague or pestilence, keep your chamber windowes close shut, as well all nights, as also in close, soggy, and moist daies, opening them when the sun hath force of shining, and bee sure to perfume your Chambers euery euening, with Waslicke or Frankinsence, or with Tarre put vpon a Chafing-dish of Coales, then which nothing is better, and let them vse Cardnus Benedictus, boyled and drunke fasting.

Hay harueſt now calleth slacke husbands to worke, and such as haue leisure, it is good to fallow for wheat, and to carry out soile, and to gather seeds and flowers to keepe al the year, and to dry the flowers in the shade, till they be almost dry, and then set them a while to the sun, that they mould not: and in like manner may you vse your hearbs.

¶ Of August.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 36 min.	houre 7 and 24 min.
7	hou. 4 and 48 min.	houre 7 and 12 min.
14	hour. 5 and 0 min.	houre 7 and 0 min.
21	hou. 5 and 16 min.	hour 6 and 44 min.
28	hou. 5 and 27 min.	hour 6 and 33 min.

Last quarter the 6. day, 13 minuts after 5. of the clocke in the morning, fitting the season.

New moone the 14. day, 24. minutes after 8. of the clocke in the morning, ouer casting clouds.

First quarter the 21. day, halfe an houre after 7. of the clocke at night, answerable to the time.

Full Moone the 28. day, 8. minuts after 11. of the clock in the forenoone, inclined to moysture.

Augusts Abstract.

In August moderate diet is good Phisicke, for now it is very dangerous to surfeit: and take good heede of heates and then colds, for nothing sooner engendereth Murriues. And bee not to sleepe much, and especially after noone, for making Opilations, and for auoyding of

Agues,

Agues, and the Headach, and Cathares. And let a man abstaine from phisick this month, except great necessity compell him.

Now Lady Ceres lookes to haue men enough to attend vpon her, and he that wil not now helpe him to gather in wheat, is well worthy to eate browne Bread at Christmas. They that would haue good seeds for their Garden the next year, must now gather of their own, least in buying abroad, they loose both their mony, fruit, and labour. And such as desire to haue Lettice, or other Herbes for winter, may commit seeds to the earth now in the increase of the Moone.

¶ Of September.

Day	The sunne riseth.	The sunne setteth.
1	howre 5 and 34 minu.	howre 6 and 26 minutes
7	howre 5 and 46 minu.	howre 6 and 14 minutes.
14	howre 6 and 2 minuts	howre 5 and 58 minutes
21	howre 6 and 16 minu,	howre 5 and 46 minutes
28	howre 6 and 28 minu,	howre 5 and 32 minutes

Last quarter the 4. day, 13 minutes after tenne of the clocke at night, apt for the season.

New Moone the 12. day, 35 minutes after 10. of the clock at night, cloudy and vncertaine.

First quarter the 20 day, 28. minuts after one of the clocke in the morning, some stormе to be expected.

Ful moon the 26 day, 54. minuts after nine of the clock at night, ouer casting cloudes for moysture.

Septembers Abstract.

In this month of September, such as haue need may safely take Phisicke, and also may bath and bleede. In this month all things are in their proper vertue. And such fruits as are ripe, and not infected, are good to eat, for such as haue good stomacks.

The time is good to make conserues of Barberies and Quinces, winter hearbs must be now sowne, likewise is the time to set Hartichokes, Rose-trees, Apples, Pears, Wardens, Strawberries, Violets, Gillowflowers. Apples are to be gathered at the full of the moon, sow Parsneys.

neps, and in dry weather gather your Hops. Good husbandry is sowing Rie and wheat, and good huswtuery is making of Verjuyce, and plucking of Hemp. &c.

¶ Of October.

Day	The sunne riseth.	The sunne setteth.
1	howre 6 and 34 minu.	howvre 5 and 26 minuts
7	howre 6 and 46 minu.	howvre 5 and 14 minuts
14	howvre 7 and 0 minuts	howvre 4 and 0 minutes
21	howvre 7 and 15 minu.	howvre 4 and 45 minuts
28	howvre 7 and 26 minu.	howvre 4 and 34 minuts

Last quarter the 4 day, 7 minuts after 5. of the clock at night, some stormy and windy weather.

New Moone the 12. day, 42 minuts after 11. of the clocke in the forenoone, variable and inconstant.

First quarter the 19. day, 35. minutes after 7. of the clock in the morning, fitting the season.

Full Moone the 26. day, 30. minutes after 11. of the clocke in the forenoone, cloudy and cold.

Octobers Abstract.

In this month of October, thou mayst take Phisicke, and also bleed and bath if occasion serue, vse hot meates, and drinke any good wholesome wines to nourish good bloud: and beware of taking colde, because the Quartaine Ague wil be apt to be taken, and such other dangerous diseases.

Remoue young Trees, as Apples, Peares, Quinces, Roses, &c. Set Pease, Parsneps, &c.

Good Husbands need not be hasted to sowing of wheat, set Nuts, Icornes, and Filberds, and to doing of such good husbandry.

¶ Of Nouember.

Day	The sunne riseth.	The sunne setteth.
1	howvre 7 and 33 minuts	howvre 4 and 27 minuts
7	howvre 7 and 42 minuts	howvre 4 and 18 minuts
14	howvre 7 and 52 minuts	howre 3 and 8 minutes
21	howvre 8 and 3 minutes	howvre 4 and 57 minuts
28	howvre 8 and 9 minutes	howvre 3 and 51 minuts

Last

Laſt quarter the 3. day, about one of the clocke in the after noone, apt for the time.

New moone the 10. day, 42. minutes after 11. of the clocke at night, rainy and wet weather.

Firſt quarter the 17. day, 21. minutes after three of clock in the after noone cold and ſtormy.

Full Moone the 25. day, about 4. of the clocke in the morning, froſty and cold.

Nouembers Abſtract.

In November finiſh the Whiſticke that yee meane to take, and ſo reſt till March, except ſom great neceſſity cõpell thee, vſe good meats and wholeſome Wine to nourish thy bloud: prouide thee warme clothing, and go dry of thy feet, or elſe make ſure account of rheume & poſe, beſides ſome other inconueniences that will enſue, &c. Beware of the hot houſe this month, and vſe Bitony and Cinamon in drinke.

In the new of the Moone, you may remooue young Trees, as in the laſt month, and ſet Crab-trees ſtockes to graft vpon, when you pleaſe. It is alſo a good time in the waue of the moone, to ſet Peaſe, Beans, and if the weather be not too hard, it is good ſowing of Parſneps, good making of Malt, and killing of Beeues and Swine.

¶ Of December.

Day	The ſunne riſeth.	The ſunne ſetteth.
1	howre 8 and 12 minu.	howre 3 and 48 minuts.
7	howre 8 and 14 minu.	howre 3 and 46 minuts.
14	howre 8 and 15 minu.	howre 3 and 45 minuts.
21	howre 8 and 12 minu.	howre 3 and 48 minuts.
28	howre 8 and 7 minu.	howre 3 and 53 minuts.

Laſt quarter the 3. day, 26. minuts after 8. of the clock in the morning, winterly weather.

New moon the 10. day, 53. minuts after 10. of the clock in the forenoone, froſty and cold.

Firſt quarter the 17 day, 56 minuts after 1 of the clock in the morning, ſtormy and vnconſtant.

Full moon the 24. day, 41. minuts after 10. of the clock at night, ſome ſnow or raine.

Decem-

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, and eate such meates as bee of hot quality, abstaine from Phisick, and let thy Kitchen be thy Apothecary, warme clothing thy Nurse, merry company thy Keepers, and good hospitality thine exercise.

Remoue trees and bushes as aforesaid in November. if the weather proone not extreame. In the wane of the moone, set Beans and Pease, and those hearbs that cannot indure the cold, couer them with straw, or other prouision, from the frosts and snow. Finally, thus ending the old yeare, let vs repent vs, and forsake our old sinnes and lead newe liues, all the daies of this miserable and transitory life, that in the end, we may be translated into euerlasting ioy and happinesse, through Iesus Christ our Sauiour, who be praised for euer and euer, Amen.

A Precaution and aduertisement, made for euery month of this yeare of our Lord God 1615. declaring the dangerous daies and nights to take any sickenesse, or to be sicke in: whereby euery man may take heed to himselfe, and so prouide in time for speedy remedy.

¶ Of Ianuary 1615.

The third day and the 4. day and all night daungerous, the 9. and 11 dayes and nights in like manner, the 16. and 17. dayes and nights also very dangerous, the 21. and 24. dayes in like sort, the 30. day and all night, and the 31. day also dangerous.

¶ Of February 1615.

The first day and all night, and the 7. day till midnight dangerous, the 13. day and all night in like sort, the 19. day and all night, and the 20. day dangerous, the 27. day

and

and night very dangerous.

¶ Of March 1615.

The first day and all night very dangerous, the 12. day & all night and the 13. day in like manner, the 19. day and all night vntill the next day at noone likewise dangerous, the 26 and 27 dayes and nights very dangerous.

¶ Of Aprill. 1615.

The 2. and 3. dayes and nights dangerous, the 9 and 10. dayes likewise, the 15, day and all night till the next day at noone, and the 17, day also dangerous, the 23. and 24. dayes and nights in like manner, the 30. day & most part of the night dangerous.

¶ Of May.

The first day and all night vntill the next day at noone dangerous, the 6. day and all night, and the 8. day likewise, the 13. and 15, dayes and most part of the nights dangerous, the 21 day and 23 day dangerous, the 28 and 30 both dayes very dangerous.

¶ Of Iune.

The 3 day and the 5 day and all night very dangerous, the 9 and 12 dayes and both the nights, vntill the next day at noone in like manner, the 17 day and most part of the night, and the 20 day and all night vntill the next day at noone dangerous, the 24 day and all night, the 27 day and the 30 day and all night vntill the next day at noone very dangerous.

¶ Of Iuly.

The 4 and 7 dayes dangerous, the 11 and 14 dayes and nights in like sort, the 19 day and most part of the night, and the 22 day also dangerous, the 26 day and the 28 day and most part of the nights dangerous.

¶ Of August.

The first day and all night till the next day at noone, and the 3 day and all night dangerous, the 9 day & most part of the night, and the 11 day likewise, the 17 and 18 dates dange-

dangerous, the 24 day and all night, the 30 day and all night, and the 31 day very dangerous.

¶ Of September.

The 7 and 8 dayes dangerous, the 14 day and most part of the night, the 15 day in like manner, the 20 & 21 dayes and both nights dangerous, the 27 day and the 28 day and night very dangerous.

¶ Of October.

The 4 day and most part of the night, the 6 day and part of the night likewise dangerous, the 11 and 13 dates and nights in like sort the 17 day night until the next day at noone, and the 20 day dangerous. the 24 day, the 27 day and the 31 day and all the night dangerous.

¶ Of November.

The 4 day and most part of the night, the 7 day and all night dangerous, the 11 day and night the 14 day in like manner, the 18 day, and the 20 day and night dangerous the 25 day and most part of the night, the 27 day and all night until the next day at noone dangerous.

¶ Of December.

The 3 day and all night, and the 5 day dangerous the 10, and 11 dayes and most part of the nights likewise the 16. day and all night till the next day at noone, the 17 day and night dangerous, the 24 day and night, the 25 day and the 30 and 31 dayes likewise very dangerous.

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FINIS.